



IWI	<b>Induction Weekend</b>
Dates	<b>8<sup>th</sup> to 8<sup>th</sup> May 2011</b>
Cost	<b>£245.00</b>

## Ice Warrior Induction Weekend

### OVERVIEW

Whether it's to reach a north pole or immerse yourself in a serious Arctic journey, many people dream of embarking on a physically and mentally demanding polar expedition. But you need three things:

- 1) To know what you are letting yourself in for
- 2) To be realistic about your capabilities and learn where your shortfalls lie
- 3) To have the right sort of training up to the required level of competence

To embark on such a fantastic journey also requires a very large level of commitment in terms of financial investment and time. It's not cheap otherwise many more people would be doing it and if you are to succeed it will dominate your life for many months. You have to be as certain as you can that you want to do a polar expedition. The Ice Warrior Induction Weekend aims to help you decide whether to take the dream any further.



The aim of the weekend is to take you out of your comfort zone, just a little and give you a chance to sample what you may have to go through on an Arctic Expedition. It's all about teamwork under pressure, ingenuity, innovation, camaraderie, concentration, interpretation, resolve, determination, empathy, communications and - of course - fun.

As well as our opportunity to get to know you and assess if you are suitable to undertake training for a polar expedition it is also your opportunity to learn about us and how we operate. Polar expeditions demand a positive and flexible approach as no matter how well they are planned the nature of travelling is dictated by the prevailing weather conditions.

You will be in a wild environment. BUT:

We don't inform you about where you're going or what you'll need (clothing and equipment) until three days before the event.

We don't inform you about what you'll be doing until the event itself.

We don't set any expectations.

This is what people have said:

"THANK YOU for an amazing weekend - truly the most amazing thing I have ever done and with amazing people". Pauline S.

"I have spent many a weekend in the hills but none like this. You will definitely be better prepared for anything after this weekend and it was an enjoyable experience that I will long remember." Denis

"The weekend is as much a mental test as a physical one. It's hugely enjoyable finding out how you function when you are cold, tired and hungry. So often we curse our sat nav for



making us drive effortlessly down the wrong road in complete warm and safe comfort. When you have a map and compass in your hand there is no one else to blame if it goes wrong. It's a weekend of making new friends, teamwork, personal growth, exploring your own limits - it's tough fun. I most enjoyed the dynamic of the team, everyone had different roles, strengths and even these changed over the time we spent together. A couple

of times I asked myself why had I come on the weekend but I'd do it again at the drop of a hat! "Craig

"The weekend was hard work but superb fun. It was fantastic to be in the company of like-minded people with whom I shared mutual goals and who didn't think I was a barking mad eccentric (as people generally do!!) Ice Warrior is the most difficult, arduous mission I have ever set myself, and the fund-raising aspect is every bit as daunting as the physical task ahead. There's nowhere to hide from your weaknesses and the only solution is to face them head-on and steam-roll straight over them! I am more determined than ever to rise to the many challenges involved and I have no doubt whatsoever that I will do so, but I just know it's going to be really, really painful!" Heidi

"I have really enjoyed the weekend. Thank you for letting me take-part." Jo

"Good range of skills and personalities which meant everyone learnt a lot." Oliver N.

"I really enjoyed the weekend and have been glad of the experience even if I don't make it...I'll apply again for the next one. It's been great." Andrew G.

"Even if I don't get on the squad, then I will have thoroughly enjoyed this experience anyway" Liz R.

"I've had a fantastic time on the weekend. The people have been so friendly and I've made some great memories." Neil S.

"This weekend without doubt awakened a huge appetite within me" Seb. K

"I am writing to thank you for a most wonderful weekend. It was an absolutely amazing experience". Olga



We look forward to seeing you there – wherever there is!

# ICE WARRIOR EXPEDITIONS LIMITED, hereinafter known as "The Company"

## TERMS AND CONDITIONS

By signing The Company's Enrolment Form you agree to comply with and be bound by the following Terms and Conditions. Once a completed Enrolment Form has been accepted by The Company the participants named on the Enrolment Form will have entered into a binding contract on the basis of the following Terms & Conditions. These Terms & conditions are subject to variation without prior consent in writing from The Company. Expeditions and Training Courses are known as activities.

### Pricing and Payment

Unless otherwise indicated, the cost of The Company's activities are inclusive of all accommodation, meals, some beverages, licenses (where applicable), taxes and necessary transportation (except flights – see later). Costs do not include transportation to and from the event, insurance, meals and drinks taken in place of those provided.

We reserve the right to alter costs in response to a variety of conditions beyond our control. We will absorb the first 2% of any increase but thereafter will pass further increases on to you. All such surcharges have to be paid before embarkation. Full payment is required 6 weeks prior to commencement of activities. A deposit of £100 per person is required to secure a place before this time.

### Insurance

All participants must ensure that they have taken out full and appropriate insurance for their particular activity and we require that copies of such insurance be sent to us as soon as possible after enrolment. We are able to advise on insurance for those who wish. Baggage and personal effects are at the risk of the participant at all times.

### Participant Conduct

Participants are expected to comply with the reasonable instructions and leadership of The Company's staff and conduct themselves in a reasonable manner at all times. The Company reserves the right to remove any participant from the activity at the staff's discretion and will not be liable to any losses as a result and is also entitled to any reasonable costs arising, payable upon demand.

### Medical conditions and fitness

Participants must complete and sign a consent form prior to commencement. Medical information provided will be treated in the strictest confidence. The Company cannot be held responsible for illness occurring as a result of an ongoing medical condition or poor fitness level. If you have a medical condition The Company advises you to seek your own doctor's advice.

### Complaints

Complaints will only be accepted during the activity period and should be brought to the attention of a member of staff who will endeavour to rectify any situation causing dissatisfaction. Should the cause of a complaint persist please notify us in writing within 28 days and we will endeavour to deal with the matter fairly and swiftly.

### Cancellation of your Activity – by you

If for any reason you wish to cancel your participation we must be notified in writing, on receipt of which, we will acknowledge your cancellation. The charges made by us, based on the date we received your written confirmation of cancellation are as follows:

More than 42 days notice	– deposit only
42-28 days notice	– 60% of total cost
27-14 days notice	– 80% of total cost
Less than 14 days notice	– 100% of total cost

Proven exceptional circumstances will be considered, however, we advise you to have cancellation insurance.

### Cancellation or Alterations – by us

The Company will not be responsible for any delays or alternations to the intended plan caused by illness, weather, strikes, war or threat of war, natural disaster, refusal of visas, riots, terrorism, political events or civil action affecting air or ground transport, or other events amounting to force majeure. We will send you details of alterations as soon as we are aware of them. Should we have to cancel the activities for reasons beyond our control (as above) then we will inform you without delay and shall offer a prompt refund of monies paid. We accept no liability for compensation beyond this refund. No refund will be made for any costs incurred by The Company up to this point. However, we will endeavour to obtain a refund ourselves for those costs and should we be successful then we will pass this on to you, less any administrative charges. The Company reserves the right to cancel all and any activities without reason or notice. In this unlikely event The Company agrees to refund all monies in full.

### Liability

The Company's activities are by nature never completely free from hazard. Whilst all reasonable precautions are taken to minimise the risks, participants accept that accidents, including serious injury and death can occur without The Company being at fault. Participants also recognise that The Company is not responsible for any loss or damage to the personal property of the participant, including money, clothing or equipment. The Company will only accept liability for physical injury to a client that is shown to result from negligence on the part of The Company and takes no responsibility for any loss or injury occurring as a result of the participant's failure to follow instruction and also takes no responsibility for any mishap during an activity from any instruction or information not given by The Company's staff. The participant also recognises that attendance on The Company's activities in no way qualifies him or her to teach the course content. The Company therefore accepts no responsibility for any mishap occurring to third parties taught by attendees of any Company course.

### Equipment

Where clients are entrusted with the use and care of specialist equipment they may be made liable for payment arising from any loss or damage made as a result of misuse or negligence.

### Miscellaneous

Participants must accept and abide by the decisions of The Company's staff and by signing the Enrolment Form agree to do so. All participants should be fit and in sufficiently good health to enjoy their chosen activities. If you have doubts about your health, please discuss this with us and we can advise. All contracts and matters arising from them shall be subject to English Law and the exclusive jurisdiction of the English Courts. Participants are required to sign the Enrolment Form acknowledging that they have read and fully understand and accept The Company's Terms & Conditions.

-ends-



# Enrolment Form

Please use BLOCK CAPITALS throughout

## Contact Details

Title		Date of Birth	
First Name		Nationality	
Surname			
Address			
Postcode		Passport No.	Not needed
Country		Expiry Date	Not needed
Email			
Contact Tel.			

How did you hear about Ice Warrior?	
Your profession	

## Payment

	<b>Ice Warrior Induction Weekend – 9-11 September 2011</b>	
	I enclose a deposit of -	£100.00
	<b>Or full payment of</b>	£245.00
	Please make cheques payable to: Ice Warrior Expeditions Ltd.	
	Please contact us to pay by PayPal, Google Checkout or Bank Transfer	

## Declaration

I have read and accepted the Terms and Conditions. I will be arranging adequate insurance and will forward copies to Ice Warrior Expeditions Ltd prior to commencement of activities.

Signed:

Date: