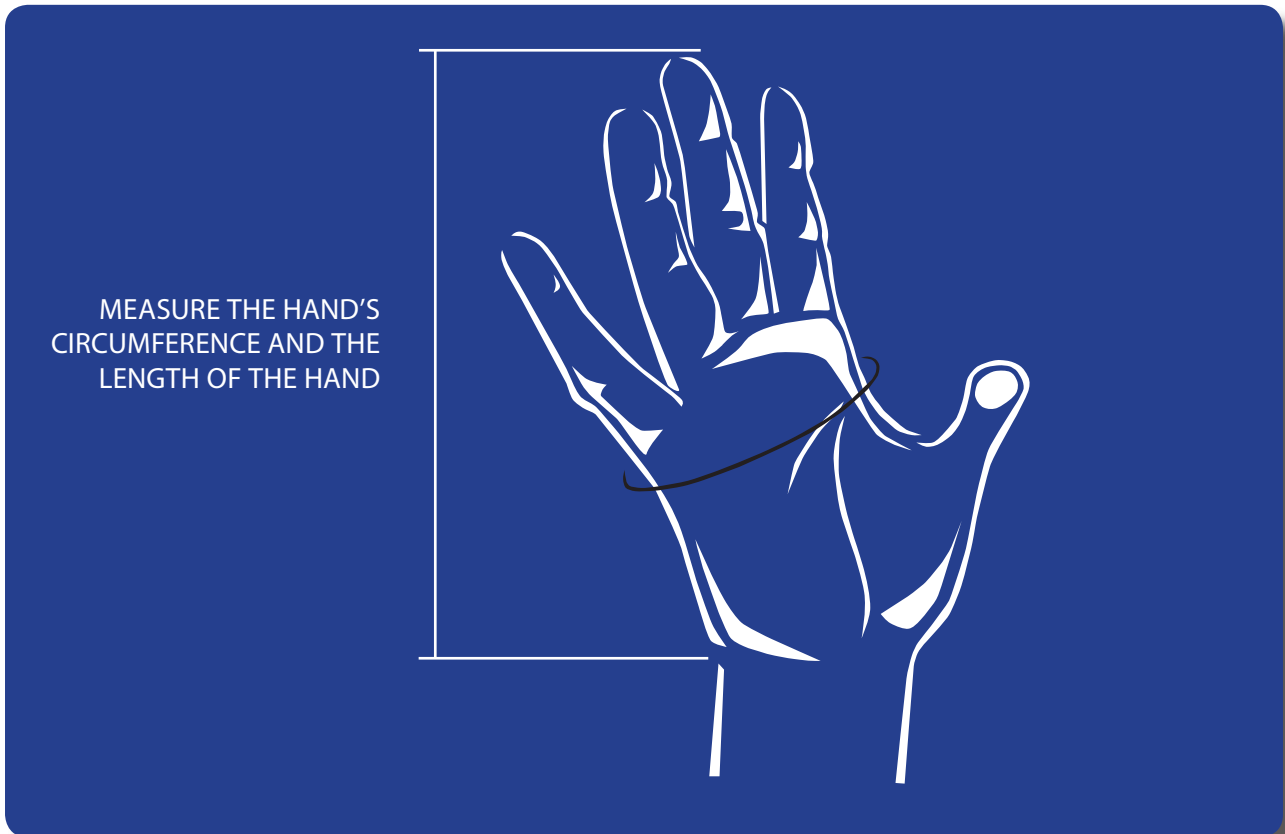


HAND AND GLOVE SIZE



MEASURE THE HAND'S
CIRCUMFERENCE AND THE
LENGTH OF THE HAND

Two things to consider regarding size and measurement of the hand:

- Circumference of the hand
- Length of the hand

The hand's circumference is measured with a tape measure 20 mm above the thumb (see illustration).

The length of the hand is the same as the distance between the wrist and the tip of the middle finger.

Hestra Glove Size

6 7 8 9 10 11

Hand Circumference (mm)

152 178 203 229 254 279

Hand Length (mm)

160 171 182 192 204 215

Glove sizes are based on average human hand dimensions. This data is collected through extensive research.

HESTRA®

GLOVES • GANTS • HANDSCHUHE • HANDSKAR